Why is continue not allowed directly in a switch statement?

Because switch is **not a loop** — it’s a conditional jump. continue only makes sense in a loop where it can skip to the next iteration. But inside a switch, there's **no loop to continue**, so it's meaningless.

When do we use exit() in a switch?

You use exit() **inside a case** when:

1. You want to **end the program immediately** based on a specific input.
2. You want to **avoid writing complex logic or multiple breaks**.
3. You're **handling an error** or **quit option** in a menu.